ALIGN
Recovery Centers

Family Dynamics Group

A weekly circle of support and education for families of residents in treatment, led by experienced therapists and counselors.

WHEN
Wednesdays
6:00 PM

WHERE
Virtual, via Microsoft Teams

WHO
Family & friends of residents in treatment

THIS GROUP COVERS:

- Effects on individuals & families
- Resources available to families
- Setting boundaries
- Dealing with relapse
- Home agreements
- Support without enabling
- What to expect after treatment
- Benefits of Sober Living Environments

Every session offers hope and encouragement to all who attend.

RSVP to join

Please RSVP by email, or use the link below to join the meeting directly.

info@alignsonoma.com

Scan to join on Teams

Dial in: +1 323-457-5234 Conf ID 357 859 853#

Click to Join: https://teams.microsoft.com/meet/230591956798463?p=sK5vflaqT5BiJMucdd