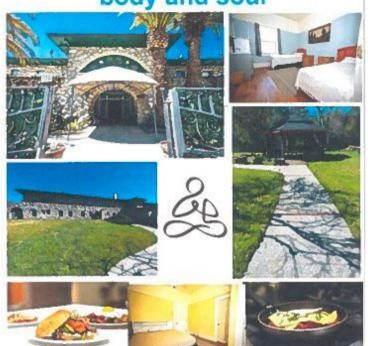


A tranquil space to nourish & Align your mind body and soul



- Residential
- Outpatient
- · Individual & Group
- Intensive Outpatient
- Family Programs
- Detox

- Social Model
- Addiction Medicine
- Holistic Services
- CBT/DBT/MAT
- Mindfulness
- Nutrition
- · Compassionate Care · Exercise
  - Personalized & Integrated Care

AlignSonoma.com \* (707) 343-HELP





Patience & Compassion, Personalized Treatment

Align is a practice of dedicated clinicians who recognize that there are as many ways of recovering from substance abuse as there are substances to abuse. Our residential and intensive outpatient treatment programs incorporate traditional social model recovery. CBT/DBT, addiction medicine. holistic services, psychiatry, and evidence-based counseling techniques, blended together with cutting-edge methodologies and modalities; the goal being to design a personalized, integrated treatment plan to help you achieve lasting recovery.

17250 Vailetti Drive, Sonoma, CA 95476 AlignSonoma.com \* (707) 343-HELP